

# CYBER EMERGENCY RESPONSE

## HOW THE CyberCENTS® TRNEX TEAM SUPPORTS SAN FRANCISCO'S CYBER EMERGENCY RESPONSE EFFORTS

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For three days in early November 2021, members of the CyberCENTS® Training and Exercise (TRNEX) team hosted the first of six cohorts of a Cyber Emergency Response course designed and delivered by By Light for the City and County of San Francisco (CCSF). This course, originally bid in March 2021 and awarded to By Light in May 2021, brings together cybersecurity, business continuity, and emergency management professionals from various agencies and departments within CCSF to provide the cross-functional teams with an in-depth training on Cyber Emergency Response.

Upon award, the CyberCENTS TRNEX team worked alongside CCSF leadership to author the course. The foundations of the content come from globally recognized standards in cyber incident handling (i.e., NIST SP 800-61r2); however, California- and CCSF-specific legislation, policies, procedures, and tactics were incorporated into each module. For example, ESF-18, Unified Cyber Command, the formal emergency response plan for CCSF was a central document used throughout the instruction. In addition to the 10 teaching modules, the course consisted of four activities, a mini exercise/tabletop, knowledge checks throughout, and a final exam.

Two of the four activities as well as the mini exercise used SLAM-R®, By Light's cyber range product (SLAM-R: Sentinel, Legion, AutoBuild, Myrmidon, Reconstitution).

Participants in the course that attend all three days of the Cyber Emergency Response course, complete all assignments and activities, and score a 70% or higher on the final exam received a digital badge issued by By Light via the online digital badging platform, Badgr. The CyberCENTS TRNEX Team has plans to repurpose much of this content in the design of a Cyber Resiliency course that will become part of its overall Course Catalog that is made available to SLAM-R customers and partners.



*Cyber Emergency Response course digital badge*

The remaining five cohorts of the Cyber Emergency Response course will run from January – October 2022, and a total of 150 participants have already self-enrolled for the course. Course participants represent agencies and departments across the CCSF such as: Public Utilities Commission, Human Services Agency, Dept. of Building Inspection, City Attorney’s Office, Elections Commission, Sherriff’s Office, Office of Housing and Community Development, Airport Commission, Port Authority, Dept. of Human Resources, Dept. of Public Health, and more. ■

**DAY 1 - CYBER EMERGENCY RESPONSE**

INTRODUCTIONS & CYBERCENTS OVERVIEW

**Module 1: (60 mins.)  
Cybersecurity Awareness**

**Activity 1: (30 mins.)  
CATI Aptitude Assessment**

**Module 2: (90 mins.)  
Business Continuity & Disaster Recovery**

LUNCH

**Activity 2: (60 mins.)**  

- EMP: Business Impact Analysis
- CP: Performing Network Discovery Using Tools

BREAK

**Module 3: (60 mins.)  
Foundation of Cyber Incident Management**

**Module 4: (60 mins.)  
Cyber Incident Handling**

DAY 1 RECAP

**DAY 2 - CYBER INCIDENT HANDLING METHODS & STRATEGY**

DAY 1 REFRESH & LAB BRIEF

**Module 5: (45 mins.)  
ICS Structure & Integrating Cyber Ops in ICS**

**Module 6: (45 mins.)  
ESF-18, Unified Cyber Command**

**Module 7: (60 mins.)  
Cyber Incident Response: Preparation**

LUNCH

**Module 8: (45 mins.)  
Cyber Incident Response: Detection & Analysis**

**Module 9: (45 mins.)  
Cyber Incident Response: Containment & Eradication**

BREAK

**Activity 3: (60 mins.)**  

- EMP: Cyber Response "Crawl" / Walk-Through
- CP: Managing Devices, Detection Tools, Protocols

DAY 2 RECAP

**DAY 3 - EMERGENCY RESPONSE & INCIDENT HANDLING APPLICATION**

DAY 2 REFRESH

**Activity 4: (60 mins.)  
After Action Review**

**Turn 1 - Scenario Begins**

LUNCH

**Exercise Review & Status**

**Turn 2 - Scenario Continues**

**Post-Incident Review**

COURSE RECAP & SURVEY

*Example: Cyber Emergency Response course schedule*